

27 OCT 1994

28.0 FCC HEALTH REQUIREMENTS

28.1 Providers shall be aware of and follow basic sanitary food service, preparation and handling practices.

28.1.1 Training in food service shall be ongoing.

28.1.2 Food, including formula and infant food, brought from child(ren)'s home shall be labeled, dated, and properly stored or refrigerated. Microwave ovens shall not be used for warming infant bottles or containers of infant/toddler food.

28.1.3 Children shall be provided nutritionally appropriate meals and snacks. Where eligible, FCC providers shall participate in the USDA Child and Adult Care Food Program.

28.1.4 Continental United States providers (CONUS) (and OCONUS where USDA is available) shall prepare and serve meals and snacks in accordance with USDA criteria in Section 18.

28.1.5 Menu shall be posted for parents.

28.1.6 OCONUS providers shall prepare and serve meals and snacks when feasible. Provide information to parents on preparing nutritious meals and snacks.

28.2 Animals are permitted in the home providing:

- Their presence is in accordance with housing regulations.
- They are friendly companions for children.
- They are regularly examined by a veterinarian.

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FCC HEALTH REQUIREMENTS, cont.

- Dogs or cats, where allowed, must be immunized for any disease that can be transmitted to humans and must be on a flea, tick, and worm control program.
- Sanitation is maintained, litter boxes are not available to children.
- Reasonable precautions are taken to prevent injury to children and animal(s).
- Ferrets, turtles, psittacine birds, reptiles or wild or dangerous animals are not permitted.
- Parents of child(ren) shall be given written notification at registration that animal(s) is/are present.
- Children are not alone with animals at any time.

28.2.1 Animals are not permitted in the food preparation area.

28.3 The use of cloth diapers shall be in keeping with Section 20 of this instruction.

28.3.1 If portable nursery chairs are used for the toddlers, they shall be cleaned and disinfected after each use.

28.3.2 Diapering procedures shall follow the National Center for Disease Control guidelines (see Section 20).

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FCC HEALTH REQUIREMENTS, cont.

- 28.4 All medication shall be kept out of the reach of children.
 - 28.4.1 Only prescription medication shall be administered.
 - 28.4.2 Provider shall obtain a medical release record from the parents which certifies the medication is necessary and provides information concerning dosage, time(s) of day, and duration of administration.
 - 28.4.3 Provider shall keep a written record of date, time and amount of medication administered.
- 28.5 Each child shall have his or her own clean place to sleep or rest that is at least 4 inches above the floor.
 - 28.5.1 Mattresses and sofas used for sleeping shall have waterproof covers.
 - 28.5.2 Bed linens shall be changed promptly when soiled or when beds, cots or cribs are occupied by different children.
 - 28.5.3 Crib slats shall not be more than 2 $\frac{3}{8}$ inches apart.
 - 28.5.4 Playpens shall not be used. (Porta-cribs are acceptable.)
 - 28.5.5 Beds used by family members shall be completely covered with a waterproof cover and clean linens before being used by child(ren).
 - 28.5.6 Pillows shall not be used for children under 3 years old.

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FCC HEALTH REQUIREMENTS, cont.

- 28.6 A registration and health form as well as a medical power of attorney shall be maintained on file for all children enrolled.
 - 28.6.1 The registration and health forms shall be updated annually. Forms shall be accessible only to authorized personnel. (See Section 32.)
 - 28.6.2 Medical power of attorney shall be prepared by the parents for use in emergency cases where medical treatment is required and the parents or designated individual for emergencies cannot be contacted.
- 28.7 Registration and health form shall be completed and signed by the sponsor.
 - 28.7.1 This form shall provide basic health information, including immunizations on all children.
 - 28.7.2 Sponsors are also required to present medical documentation of any conditions which require special care. (Refer to Section 6.)
- 28.8 Except in an emergency, child(ren) shall not be accepted for care unless registration and health forms show immunizations are updated.
 - 28.8.1 Exceptions to this policy for medical or religious reasons may be allowed when a statement signed by a physician, is presented.

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FCC HEALTH REQUIREMENTS, cont.

- 28.9 The home shall be maintained in a sanitary manner and personal hygiene standards observed.
 - 28.9.1 FCC provider shall conduct daily health review of the home, yard, and equipment and take necessary action to ensure the health of children is not compromised.
 - 28.9.2 Failure to meet health standards will result in decertification of home.
 - 28.9.3 Health officials may recommend temporary closure during outbreaks of infectious illness.
 - 28.9.4 Infection control (Section 20.5) shall be followed in all FCC homes.
 - 28.9.5 Child admission requirements (Section 20.13), child illness procedures (Section 20.14), and oral health procedures (Section 20.15) shall be followed.
- 28.10 All areas used for care of children shall be well-lit, adequately ventilated and maintained at a comfortable temperature.
 - 28.10.1 All windows used for ventilation shall be properly screened.
- 28.11 The same areas may be used for sleep and play, but only for one purpose at a time.
- 28.12 Drinking water from an approved source shall be available to children at all times.

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FCC HEALTH REQUIREMENTS, cont.

28.13 Hand washing facilities with liquid soap, running water, and individual towels shall be readily available.

28.13.1 Common towels and face cloths shall not be used.

28.13.2 Water temperature shall not exceed 110 degrees.

28.14 Washable toys shall be provided for infants and toddlers.

28.14.1 All toys, cots, diapering areas, and food service surfaces shall be sanitized using procedures outlined in Section 20.5, Infection Control.

28.15 Separate, locked storage areas shall be provided for cleaning equipment and supplies including detergents and solvents.

28.16 Garbage and refuse containers shall be kept tightly covered and located out of the reach of children.